

Newsletter

ASMSA Counseling Department

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Counselors Conduct Workshop for Seniors about the College Application Process

The focus was on applying, visiting, and being accepted to the colleges of the student's choice then working on scholarships and financial aid.

1. Signing up to retake the ACT and/or SAT test.
2. Narrowing college choices by visiting schools.
3. Discussing college choices with family.
4. Considering schools that fit the student's AC T/SAT and GPA profile.
5. Preparing essays
6. Making a spreadsheet to keep track of deadlines.
7. Completing the brag sheet and brag sheet supplement.
8. Filling our college applications ASAP, and making copies of them.
9. Setting up a filing system.
10. Checking the ASMSA transcript for accuracy.

College Fair October 12, 2009
9:00 am - 11:00 am
Arlington Hotel
Parents Welcome

College Fair

1. Appropriate dress
2. Having questions ready to ask the college reps.
3. Knowing current GPA and test scores
4. Visiting with all of the reps and asking them questions about intended major, scholarships, financial aid, and visiting the campus.
5. Taking the opportunity to shop around for colleges other than those that are already known. Often students have found and become interested in a college they never knew about before. They have been offered some good scholarships and found a good match.
6. Visiting the Colleges

Junior can take advantage of Life Skills videos

The following videos are on the Counseling web page and can be accessed by going to ASMSA.org Under Current Students, Counseling Department, and Life Skills Presentations

1. How to Study
2. How to Take Notes
3. How to Use Tutoring
4. How to Manage Your Time
5. Reading for Comprehension
6. How to Handle Stress

Two other videos were recently added and can be viewed on the Counseling Web Page:

1. How to Get Along with Your Roommate
2. How to Handle Homesickness.

October 14
PSAT/NMSQT to be administered
to all juniors at no cost to the students.

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